

# FIGHT CLUB PREPARATION

## Prayer

As you get ready for your Fight Club, ask the Lord to give you a humble and submissive heart. Ask Him to search your heart and show you areas where you need to change, grow, or believe. Ask Him to make you willing to follow Him in repentance, faith, and obedience (*Isaiah 66:2; Psalm 139:23-24*).

## Read & Reflect

As you read, ask yourself: what are specific truths in this passage —about God, myself, Jesus, etc? Ask the Lord to open your heart to see wonderful things in His Word. Be on the lookout for specific truths about the gospel you need to understand, remember, believe, and rest in (*Psalm 119:18; 2 Corinthians 3:18*).

## Confession & Application

As the Lord brings to light specific areas of sin or struggles, prepare to confess these with your Fight Club. But don't stop there: identify the specific truths you need to believe and the specific steps you need to take to put these sins to death and walk in greater faithfulness to Christ (*James 5:16; Colossians 3:1-17*).

## Prayer

Conclude your time asking the Lord to hide these truths in your heart and give you a greater love for Him. Specifically ask God to help you know Him more fully, love Him more deeply, and follow Him more closely (*Psalm 119:11; John 15:1-11*).

## The win:

Meet weekly with 2-4 people, bring a journal and Bible, begin in prayer together (write down prayer needs), walk through the Fight Club discussion questions. End in prayer and ask the Holy Spirit to help you bear much fruit (*John 15*).

# FIGHT CLUB DISCUSSION

## 1. How has your time with the Lord been this week?

*Examples: What have you been reading? Specific things you are praying for? Answers to prayer? Things the Lord is teaching you? Areas you are feeling conviction/desire to grow in?*

## 2. How have you sacrificially followed Jesus this week through:

*generosity, serving, care for others, fasting, etc*

## 3. How have you been able to live missionally, invite anyone to church, or share about Jesus with anyone this week?

## 4. What is an area of sin or struggle that you have found freedom or victory in recently?

## 5. What is an area of sin or struggle that you need prayer and accountability for?

## 6. What do you need to pause and be grateful for this week? *Answer to past prayers, blessings, etc?*

## 7. If God could answer one prayer this week, what would it be?

### Additional Resources:

